

## **Integrating Care Between Psychiatrists and Psychotherapists**

*At Family Therapeutics we believe in the importance of coordinating care for a variety of conditions.*

*Hundreds of research studies in the areas of psychology and psychiatry have shown that combined treatment with psychotherapy and psychopharmacology produce the most lasting positive results.*

*We believe in coordinating both schools of care to help our patients achieve success over their condition.*

*Most of our treatments begin with psychotherapeutic or behavioral interventions and can also include psychotropic medication management when necessary.*



## **Integrated Care**

984 Monument St  
Suite 205  
Pacific Palisades, CA 90272  
(near the cross-streets of Sunset Blvd. and Monument St.)

Phone: (310) 622-4153  
Fax: (310) 491-5957  
E-mail: [appointments@familytherapeutics.com](mailto:appointments@familytherapeutics.com)  
Web: [www.familytherapeutics.com](http://www.familytherapeutics.com)



## **Psychiatry & Psychotherapy TOGETHER**



## **Integrated Care For Children, Adolescents, Adults, & Families**

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[www.familytherapeutics.com](http://www.familytherapeutics.com)

# Psychiatry & Psychotherapy Working Together For Children, Adolescents, And Adults



For **Individuals and Families** we offer a variety of Psychiatric and Psychotherapeutic services which include:

**Individual Psychotherapy**

**Family Therapy**

**Psychotropic Medication Management (when necessary)**

**Cognitive Behavioral Therapy**

**Habit Reversal Therapy**

## How We Can Help

We provide outpatient treatment services for the following conditions:

- Attention Deficit Hyperactivity Disorder (ADHD)
- Anxiety
- Depression, Mood-related problems
- Eating Disorders
- Autism
- Bipolar Disorder
- Schizophrenia
- Post-Traumatic Stress Disorder
- Grief and Loss
- Stress Management
- Addictions
- Parent-Child Relationship Issues
- Family Conflict
- Tic Disorders/Tourette's Syndrome
- Teen Conflict
- Interpersonal Conflict Resolution

## Our Philosophy

We believe in treating individuals and families using the Bio-Psycho-Social model of patient care.

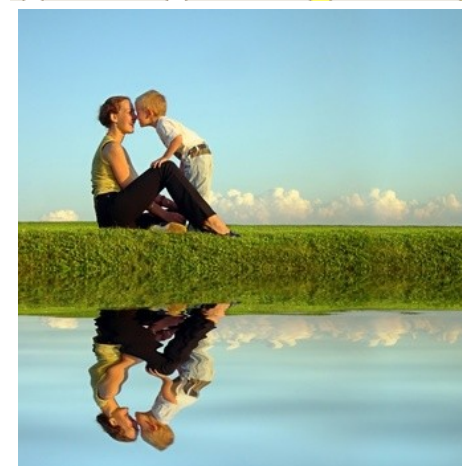
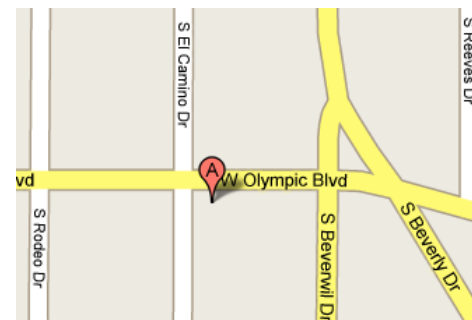
Our treatment plans focus on the following:

- Improving individual responses to psychological sources of stress
- The modification of biological processes and biochemical variations
- Creating new and more appropriate ways for families and individuals to deal with problems & sources of stress.

## Our Location

We are centrally located near the 405 and 10 freeways in Beverly Hills.

Please visit: [www.familytherapeutics.com](http://www.familytherapeutics.com) to map personalized door-to-door directions.



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