At Family Therapeutics we believe in the importance of coordinating care for a variety of conditions.

Hundreds of research studies in the areas of psychology and psychiatry have shown that combined treatment with psychotherapy and psychopharmacology produce the most lasting positive results.

We believe in coordinating both schools of care to help our patients achieve success over their condition.

Most of our treatments begin with psychotherapeutic or behavioral interventions and can also include psychotropic medication management when necessary.
How We Can Help
We provide outpatient treatment services for the following conditions:

- Attention Deficit Hyperactivity Disorder (ADHD)
- Anxiety
- Depression, Mood-related problems
- Eating Disorders
- Autism
- Bipolar Disorder
- Schizophrenia
- Post-Traumatic Stress Disorder
- Grief and Loss
- Stress Management
- Addictions
- Parent-Child Relationship Issues
- Family Conflict
- Tic Disorders/Tourette’s Syndrome
- Teen Conflict
- Interpersonal Conflict Resolution

Our Philosophy
We believe in treating individuals and families using the Bio-Psycho-Social model of patient care.

Our treatment plans focus on the following:

- Improving individual responses to psychological sources of stress
- The modification of biological processes and biochemical variations
- Creating new and more appropriate ways for families and individuals to deal with problems & sources of stress.